What is claimed is:

1. A self-winding timepiece characterized in a self-winding timepiece including a main plate comprising a base plate of a movement, a time indicating wheel rotated with a rotating center thereof disposed at the main plate for indicating time information, a winding stem and a clutch wheel for correcting the time information, a switching apparatus for determining a position in an axis line direction of the winding stem, and a dial for indicating the time information along with the time indicating wheel:

wherein when a main plate reference vertical axis line passing the rotating center of the time indicating wheel and substantially in parallel with a center axis line of the winding stem and a main plate reference horizontal axis line passing the rotating center of the time indicating wheel and orthogonal to the main plate reference orthogonal axis line are defined at the main plate, the main plate is provided with a first region disposed on one side of the main plate reference orthogonal axis line and on a side of the main plate reference horizontal axis line proximate to the winding stem, a second region disposed on other side of the main plate reference horizontal axis line proximate to the winding stem, a third region disposed on the other side of the main plate reference vertical axis line proximate to the winding stem, a third region disposed on the other side of the main plate reference vertical axis line at which the second region is present and on a side of

the main plate reference horizontal axis line remote from the winding stem, and a fourth region disposed on the one side of the main plate reference vertical axis line at which the first region is present and on the side of the main plate reference horizontal axis line remote from the winding stem, further comprising:

a movement barrel complete arranged on a side of the main plate opposed to the dial and arranged to overlap the main plate reference horizontal axis line between the first region and the fourth region;

a balance with hairspring arranged on the side of the main plate opposed to the dial and arranged to overlap the main plate reference horizontal axis between the second region and the third region; and

a self-winding mechanism arranged on the side of the main plate opposed to the dial for winding a main spring of the movement barrel complete; and

wherein the switching apparatus is arranged on a side of the main plate at which the dial is present, a train wheel setting apparatus operated by operating the switching apparatus is arranged on the side of the main plate at which the dial is present, the train wheel setting apparatus includes a train wheel setting portion for setting the balance with hairspring by penetrating the main plate, and on the side of the main plate opposed to the dial, a portion of the train wheel setting portion

of the train wheel setting apparatus for setting the balance with hairspring is disposed in the second region and on the side of the main plate at which the dial is present, a rotating center of the train wheel setting apparatus is disposed in the second region.

- 2. A self-winding timepiece according to Claim 1, wherein the movement barrel complete including the mainspring comprising a power source of the timepiece is arranged to overlap the main plate reference horizontal axis line between the first region (301) and the fourth region.
- 3. A self-winding timepiece according to Claim 2, further comprising:

a center wheel & pinion arranged on the side of the main plate opposed to the dial and rotated by rotation of the movement barrel complete;

a third wheel & pinion arranged on the side of the main plate opposed to the dial and rotated by rotation of the center wheel & pinion; and

a second wheel & pinion arranged on the side of the main plate opposed to the dial and rotated by rotation of the third wheel & pinion and operated to indicate a second;

wherein the time indicating wheel is arranged on the side of the main plate at which the dial is present and comprised to rotate by the rotation of the third wheel & pinion, and a rotating center of the center wheel & pinion and a rotating

center of the third wheel & pinion are disposed in the fourth region.

4. A self-winding timepiece according to Claim 1, further comprising:

an escape wheel & pinion arranged on the side of the main plate opposed to the dial and having a rotating center in the third region; and

a pallet fork arranged on the side of the main plate opposed to the dial and having a pivoting center in the third region.

5. A self-winding timepiece according to Claim 1, wherein the self-winding mechanism includes a switching transmission wheel comprised to input rotation in two directions of an oscillating weight and output rotation in one direction thereof and the switching transmission wheel is arranged to overlap the main plate reference vertical axis line between the third region and the fourth region.